



Monday 13<sup>th</sup> November 2017

Dear Parents and Carers,

### **The Primary Health Related Behaviour Survey: Autumn 2017**

Our school, along with other Cambridgeshire primary schools, has been invited to participate in a very important Health Behaviour Survey involving the children in year 5 and 6. The promotion of the health and wellbeing of our children has always been important to us and is a statutory responsibility for all schools. OFSTED is concerned to know how well we are doing in this area and will require us to provide evidence of our success when we are inspected.

The information about our children's behaviour, feelings and opinions will be very valuable in helping us to:

- Identify what we are doing well and where we need to improve
- Make sure what we are doing and what we plan to do meets our children's health and wellbeing needs
- Work better with parents and carers and partners in our community
- Ensure that children's views inform our provision in school.

The survey has been developed by the Schools Health Education Unit (SHEU), Exeter and is very well established and has been in use now for over 30 years. Over 3000 schools nationally have used the survey, many of them regularly repeating it.

The questions cover a wide range of important issues including: Healthy eating, physical activity, awareness of drugs and alcohol, worries and anxieties and important issues of concern to children like bullying and internet safety. Many schools have used the information gathered from the survey to inform and promote discussion in events and meetings with parents and carers.

Both the Local Authority and the school find the content of the questionnaire acceptable and appropriate for this age group.

Each questionnaire is anonymous and confidential, and no pupil will be identified when the data is returned to our school. The Local Authority will receive the data for all schools in which individual schools are not identified.

I hope you will agree with us that this is an exercise with which we wish to co-operate fully. I will assume you do approve unless I hear otherwise. We hold a copy of the questionnaire in the school office, and if you would like to look at it, you are welcome to do so by appointment.

As part of the survey it will be helpful if your son/daughter brings their postcode (please note that only part of this will be used and your house will not be identified the data however will enable health and local authority planners look at needs in any given ward area and plan provision).

The survey will be carried out in the next 2 weeks so please contact me with any queries by Tuesday 14<sup>th</sup> November [hfairbairn@grove.cambs.sch.uk](mailto:hfairbairn@grove.cambs.sch.uk). Thank you for your support.

Yours sincerely,

Mrs Fairbairn (PSHE Lead)