

# LUNCHTIME CO.

## Week 1

Commencing • 28th Oct • 18th Nov

• 9th Dec • 13th Jan • 3rd Feb • 2nd March • 23rd March



The Grove  
PRIMARY SCHOOL

MEAT  
FREE



Monday

Tuesday

Wednesday

Thursday

Friday

Freshly  
baked bread

Garlic bread

Wholemeal bread

Focaccia

Rosemary  
wholemeal bread

Garlic & herbed  
ciabatta

Menu choice  
1

Vegetable burger  
with wedges

Chicken pasta

Beef lasagne

Roast pork with  
roast potatoes &  
gravy

Fish cake & chips  
with tomato ketchup

Menu choice  
2

Chickpea, peach  
and potato curry  
and rice

Vegetarian  
quesadillas

Vegetable  
stir fry rice

Vegetarian  
sausages with roast  
potatoes & gravy

Veggie fingers &  
chips with ketchup



Sides

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Desserts

Rice pudding

Sliced fresh fruit  
Natural yoghurt

Apple muffin

Sliced fresh fruit  
Cheese & biscuits

Jam sponge with  
custard

Sliced fresh fruit  
Natural yoghurt

Cornflake tart with  
custard

Sliced fresh fruit  
Cheese & biscuits

Jelly

Sliced fresh fruit  
Natural yoghurt

Available  
*every day:*

- Pasta and sauce or  
jacket potato and  
fillings

- Soup of the day

Some of our food may  
contain allergens. Please  
ask our chef for advice.

*Our mission* is to make your lunchtime meal the highlight of *your* day.



# LUNCHTIME CO.

## Week 2

Commencing • 4th Nov • 25th Nov

• 16th Dec • 20th Jan • 10th Feb • 9th March • 30th March



The Grove  
PRIMARY SCHOOL

**MEAT FREE**

Monday

Tuesday

Wednesday

Thursday

Friday

*Freshly  
baked bread*

Garlic bread

Wholemeal bread

Focaccia

Rosemary  
wholemeal bread

Garlic & herbed  
ciabatta

*Menu choice  
1*

Cauliflower pasta  
bake

Sausage & mash

Meatballs with pasta

Roast chicken, roast  
potatoes, Yorkshire  
pudding & gravy

Battered fish &  
chips with tomato  
ketchup

*Menu choice  
2*



Crispy topped  
vegetable pie

Vegetarian  
Shepherd's pie

Quorn meatballs  
with pasta

Beetroot patties,  
roast potatoes,  
Yorkshire pudding &  
gravy

Pizza & chips

*Sides*

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

*Desserts*

Chocolate brownie

Sliced fresh fruit  
Natural yoghurt

Gingerbread cookies

Sliced fresh fruit  
Cheese & biscuits

Strawberry mousse

Sliced fresh fruit  
Natural yoghurt

Sticky toffee  
pudding and toffee  
sauce

Sliced fresh fruit  
Cheese & biscuits

Peach and vanilla  
marble cake with  
custard

Sliced fresh fruit  
Natural yoghurt

*Available  
every day:*

- Pasta and sauce or  
jacket potato and  
fillings

- Soup of the day

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contain allergens. Please  
ask our chef for advice.*

***Our mission** is to make your lunchtime meal the highlight of *your* day.*



# LUNCHTIME CO.

## Week 3

Commencing • 11th Nov • 2nd Dec

• 6th Jan • 27th Jan • 24th Feb • 16th March



The Grove  
PRIMARY SCHOOL

MEAT  
FREE



Monday

Tuesday

Wednesday

Thursday

Friday

Freshly  
baked bread

Wholemeal bread

Garlic bread

Focaccia

Rosemary  
wholemeal bread

Garlic & herbed  
ciabatta

Menu choice  
1

Macaroni cheese

Sweet and sour  
chicken with rice &  
peas

Beef burger &  
potato wedges

Roast turkey, roast  
potatoes & gravy

Fish fingers & chips  
with tomato ketchup

Menu choice  
2

Falafel in pitta with  
yoghurt dip

Vegetable lasagne

Broccoli & tomato  
pasta bake with  
melted cheese

Cheese and onion  
pastry roll with roast  
potatoes & gravy

Vegetable pitta  
bread pizza



Sides

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Desserts

Iced vanilla sponge

Sliced fresh fruit  
Natural yoghurt

Shortbread biscuit

Sliced fresh fruit  
Cheese & biscuits

Berry cheesecake

Sliced fresh fruit  
Natural yoghurt

Chocolate sponge  
with chocolate sauce

Sliced fresh fruit  
Cheese & biscuits

Fruity flapjack

Sliced fresh fruit  
Natural yoghurt

Available  
*every day:*

- Pasta and sauce or jacket potato and fillings

- Soup of the day

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ask our chef for advice.

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