



29th January 2018

Dear Parents/Carers

Between January 19th and January 26th, the Life Education Bus returned to The Grove School. Our specialist educator, Louise Augarde, took each class on an exciting journey of interactive discovery as part of their PSHE Curriculum (Personal Social Health Education). We were very pleased that 35 parents took the opportunity to meet Louise and discuss the topics that their children would be exploring. This wonderful resource takes up a significant portion of our PSHE budget so we were extremely pleased that so many parents, children and staff benefitted from the 2018 program (which we were lucky to be able to roll out across the whole school this year).

Below is an outline of topics covered by each year group. Please ask your children about some of the things that they talked about aboard the Life Bus...

- Reception: 'All About Me', feelings and safe use of medicine.
- Year 1: 'My wonderful Body', knowing my body and some of the ways to keep it safe.
- Year 3: 'Meet the Brain', how our bodies work and some of the effects of cigarettes, alcohol and medicine on your body.
- Year 4: 'It's great to be me', starting to take control of our own choices and safety.
- Year 5: 'Friends', the effects of drugs on the body, the influence of peers and the importance of developing the skill of assertiveness
- Year 6: 'Decisions', the effects of drugs and alcohol on the body, alternatives to drug use and the role of peer influence.

We are planning for The Life Education Bus to return in Spring 2020!

Kind Regards,

Mrs Fairbairn
PSHE Co-ordinator