

THE RED HEN
PROJECT

in partnership
with



**Cooking for hungry
children, on a budget?**

Eat Well Spend Less

Thursdays 10am-12.30pm

with Red Hen at The Grove

Campkin Road, CB4 2NB

26th September

3rd, 10th, 17th & 31st October
and 8th November

These sessions are
based on a national
programme developed
by The Tressell Trust.



**EAT WELL
SPEND LESS**



**To find out more, and to book, contact Maria at The Red Hen
07966 839 635 / 01223 224 844 / maria@redhenproject.org**

* PLEASE NOTE, places are prioritised for, and free, FIRST to parents whose children attend The Grove, and then the 4 other primary schools we work with. But, should we have space, we warmly welcome other parents. We strive to offer this opportunity to as many families as possible, so if you already attended one of our cooking courses we may not be able to accommodate you this time. Thank you for your understanding.



Registered Charity No: 1072190