

## **WEEK 1 MENU**

WEEKS: 04/11, 25/11, 16/12, 20/01, 10/02, 10/03, 31/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pork Sausages Potato Wedges & Baked Beans	Chicken & Broccoli Pasta Bake Served with Seasonal vegetables	Beef Bolognaise Served with Garlic & Herb Bread, Mixed Vegetables or Salad	Roast Chicken served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy	Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans
MEAT FREE	Quorn Sausage, Potato Wedges & Baked Beans	Cheese & Broccoli Pasta Bake Served with Seasonal vegetables	Quorn Bolognaise Served with Garlic & Herb Bread, Mixed Vegetables or Salad	Quorn Fillet served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy	Vegetable Nuggets served with Chips, Garden Peas or Baked Beans
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Roasted Vegetable & Tomato Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
LUNCHTIME LUNCHBOX	Choice of Ham, Cheese or Tuna Mayo Sandwich Pizza Finger Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Cream Crackers Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks
DESSERTS	Choose One of Our Fabulous Desserts Vanilla Shortbread Biscuit Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Apple & Sultana Sponge Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Flapjack Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Banana Mousse Fruit Yogurt & Coulis Fresh Fruit Pott	Choose One of Our Fabulous Desserts Chocolate Brownie Fruity Jelly Fresh Fruit Pot



## **WEEK 2 MENU**

WEEKS: 11/11, 02/12, 06/01, 27/01, 24/02, 17/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Sweet & Sour Chicken Served with Rice & Seasonal Vegetables	Italian Meatballs Served with Spaghetti Garlic & Herb Bread Seasonal Vegetables	BBQ Chicken Fajita Wrap Served With Wholemeal Rice & Mixed Vegetable	Roast Pork served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy	Breaded Fish Fingers served with Chips, Garden Peas or Baked Beans
MEAT FREE	Sweet & Sour Vegetables Served with Rice & Seasonal Vegetables	Vegan Meatballs Served with Spaghetti Garlic & Herb Bread Seasonal Vegetables	Vegetable & Chickpea Fajita Wrap Served With Wholemeal Rice & Mixed Vegetable	Roast Quorn Fillet Served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy	Vegan Sausage Roll served with Chips, Garden Peas or Baked Beans
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
LUNCHTIME LUNCHBOX	Choice of Ham, Cheese or Tuna Mayo Sandwich Pizza Finger Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Cream Crackers Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks
DESSERTS	Choose One of Our Fabulous Desserts Vanilla Ice Cream & Fruit Sauce Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Banana Sponge Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Shortbread Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Strawberry Mousse Fruit Yogurt & Coulis Fresh Fruit Pott	Choose One of Our Fabulous Desserts Chocolate Sponge Fruity Jelly Fresh Fruit Pot



## **WEEK 3 MENU**

WEEKS: 18/11, 09/12, 13/01, 03/02, 03/03, 24/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken in a Tomato Sauce Served with Penne Pasta, Garlic & Herb Bread Peas & Sweetcorn	Pepperoni Pizza served With Crispy Potatoes & Mixed Vegetable	Beef Bolognaise served with Spaghetti, Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad	Pork Sausage served with Potatoes, Yorkshire Pudding, Carrots, Broccoli & Gravy	Fish Fingers Served with Chips, Garden Peas or Baked Beans
MEAT FREE	Roasted Vegetables in a Tomato Sauce Served with Penne Pasta, Garlic & Herb Bread, Peas & Sweetcorn	Margherita Pizza Served With Crispy Potatoes & Mixed Vegetable	Vegetable Bolognaise served with Spaghetti, Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad	Quorn Sausages served with Potatoes, Yorkshire Pudding, Carrots, Broccoli & Gravy	Fishless Fish Fingers served with Chips, Garden Peas or Baked Beans
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
LUNCHTIME	Choice of Ham, Cheese or Tuna Mayo Sandwich Pizza Finger Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Cream Crackers Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks
DESSERTS	Choose One Dessert Chocolate Shortbread with Orange Wedge Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Mixed Fruit Jam Sponge Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Cherry & Sultana Flapjack Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Chocolate Mousse Fruit Yogurt & Coulis Fresh Fruit Pott	Choose One of Our Fabulous Desserts Iced School Cake Fruity Jelly Fresh Fruit Pot