

# The Grove Primary School

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Headteacher Ms Karen Martin



Friday 8<sup>th</sup> June 2018

Dear Parents/Carers,

## **Empathy Day 2018 – Tuesday 12<sup>th</sup> June**

*“In our darkening and divided world, empathy is a beacon of hope. Books are an amazing tool to build it because the emotions we feel for book characters wires our brains to have the same sensitivity towards real people”.*

The Grove are taking part in the nation-wide event, Empathy Day on Tuesday 12<sup>th</sup> June. On this day, classes will have the opportunity to use a shared book as a tool to challenge prejudice and build connections between us. We will be using the book ‘Perfectly Norman’. This book focuses on what makes us unique, why we should explore our individuality and celebrate our differences. Each class will be holding discussion and debate around the story, asking questions and completing a range of activities around the theme of empathy. We will also be introducing the 2018-19 peer mediators and they will be discussing ideas around being kind of mind and making the right choices in the play-ground.

To help your child to prepare for Empathy Day, parents can use the special Read for Empathy Guide, from [empathylab.uk](http://empathylab.uk). To put empathy into action, parents can use #ReadforEmpathy to join in the social media campaign in which everyone - including authors and celebrities - shares empathy-boosting book recommendations. Families can join the Swap your Reading Life experiment – find someone very different to you to swap a book with, and then talk about it.

Children could also make an Empathy Promise, and put empathy into action in your homes and communities. You can download a pledge card at [empathylab.uk](http://empathylab.uk) and share on social media!

Thank you for your continued support,

Miss Lee-Fox, Miss Aurelio and Mrs Fairbairn