

Cooking for hungry children, on a budget?

Eat Well Spend Less

28 February 7, 14, 21, 28 March & 4 April

Thursdays 10.30am-1pm

with Red Hen in The Studio

King's Hedges Education Federation Northfield Avenue, CB4 2HU

These sessions are based on a national programme developed by The Tressell Trust.





To find out more, and to book, contact Maria at The Red Hen 07966 839 635 / 01223 224 844 / maria@redhenproject.org



* Please note, places are prioritised for, and free, to parents whose children attend one of the 5 primary schools we work with, but we warmly welcome other parents if we have space. We strive to offer this opportunity to as many families as possible, so if you already attended one of our cooking courses we may not be able to accommodate you this time.

Thank you for your understanding.

