

The Grove Primary School

Campkin Road, Cambridge. CB4 2NB

Tel: 01223 577017 Fax: 01223 577018

Email office@grove.cambs.sch.uk Web www.thegroveschool.net

Headteacher Ms Karen Martin



Tuesday 13th March 2018

Dear Parents,

As a staff we have recently undertaken some PE training which was led by an advisor from Cambridgeshire County Council . Part of this training involved guidance and a discussion about health and safety in PE, with a particular focus on jewellery. As a school, we have taken the decision to follow the recommendations from the county which means that **ALL** jewellery must be removed before children are able to take part in the physical aspects of PE.

If a child is unable to remove their own earrings, this must be done before they come to school, as staff are not allowed to remove them. We are also not able to 'tape' over earrings, as although this can prevent the earring from coming out, there have been many incidents in schools where children and teachers have had significant injuries caused from earrings becoming caught on clothing, apparatus and other children.

Any children who are wearing jewellery that cannot be removed will still be required to take part in the PE lesson but will need to undertake an 'observer' role. This means they may be asked to draw or write down key parts of the lesson to demonstrate their understanding. They may also be asked to support their peers by offering feedback to the remainder of the class who are participating in the physical aspect of the lessons.

As PE days can often change due to timetabling and weather restrictions, I would like to take this opportunity to ask that your child has their full PE in school every day. This should consist of;

- An indoor PE kit; black shorts and a coloured t shirt (house colours) if possible.
- An outdoor PE kit; black leggings/ jogging bottoms, a coloured t shirt (house colours) if possible, a **change** of shoes (trainers) and an additional long sleeved sweatshirt.

Long hair must also be tied back.

Our school policy for PE covers all aspects of PE which includes, gymnastics, swimming, dance, games and any extra curricular sports clubs.

If any of you would like to read more about this, there is additional information online and in the 'Safe Practise in Physical Education' book which we have a copy of in school. Follow link for more information;

<http://www.afpe.org.uk/physical-education/safe-practice-in-physical-education-school-sport-physical-activity-2016/>

Promoting health and wellbeing is a fundamental aspect of our ethos at The Grove so please do help us to keep staff and children safe, so that they can enjoy and benefit from all that our physical education curriculum has to offer.

Thank you in advance with your support with this.

Mrs J Rusted
(PE Leader)