

#### Week 1

Commencing • 22nd April • 13th May • 10th June

• 1st Jul • 22nd July • 2nd Sep • 23rd Sep • 14th Oct



MEAT					
FREE	Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Garlic bread	Wholemeal	Ciabatta	Rosemary wholemeal	Focaccia
Menu choice  1	Jacket potato with vegetable curry	Sticky Chicken & vegetable wrap	Beef lasagne with salad	Roast turkey with roast potatoes	Fish fingers & chips with garden peas
Menu choice 2	Spanish vegetables and rice	Roasted pepper frittata	Homemade potato & cheese roll with new potatoes	Vegetable burger	BBQ pasta bake
Sides	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads
Desserts	Pancake & sauce Sliced fresh fruit	Fruit flapjack Sliced fresh fruit	Cappuccino Cake  Sliced fresh fruit	Apple pie and custard Sliced fresh fruit	Fruit jelly  Sliced fresh fruit
	Natural yoghurt	Cheese & biscuits	Natural yoghurt	Cheese & biscuits	Natural yoghurt

### Available every day:

- Pasta and sauce or jacket potato and fillings
- Packed Lunch option

Some of our food may contain allergens. Please ask our chef for advice.



#### Week 2

Commencing • 29th April • 20th May • 17th June • 8th Jul • 22nd July • 9th Sep • 30th Sep



MEAT FREE C	<b>➣</b> Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Garlic bread	Wholemeal	Ciabatta	Rosemary wholemeal	Focaccia
Menu choice  1	Macaroni cheese	Beef meatballs in tomato & garlic sauce & rice	Loaded salmon potato skins	Roast pork & apple sauce with roast potatoes	Battered fish & chips with garden peas
Menu choice 2	Cheese and tomato quiche with salad & coleslaw	Chickpea and vegetable in tomato and herb sauce	Pasta Bake	Quorn sausage with roast potatoes	Roasted pepper & cheese pitta pizza & chips with garden peas
Sides	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads
Desserts	Lemon feather cake with custard Sliced fresh fruit Natural yoghurt	Ice cream  Sliced fresh fruit Cheese & biscuits	Orange and lemon muffin Sliced fresh fruit Natural yoghurt	Chocolate mousse  Sliced fresh fruit Cheese & biscuits	Carrot cake Sliced fresh fruit Natural yoghurt
Desserts	Sliced fresh fruit Natural yoghurt		Sliced fresh fruit Natural yoghurt	Cheese & biscuits	

## Available every day:

- Pasta and sauce or jacket potato and fillings
- Packed Lunch option

Some of our food may contain allergens. Please ask our chef for advice.

*Our mission* is to make your lunchtime meal the highlight of *your* day.

## LUNCHTIME CO

### Week 3

Commencing • 6th May • 3rd June • 24th June • 15th Jul • 16th Sep • 7th Oct



FREE	<b>№</b> Monday	Tuesday	Wednesday	Thursday	Friday
Freshly paked bread	Garlic bread	Whole meal bread	Ciabatta	Poppy seed bread	Wholemeal bread
Menu choice  1	Jacket potato with spaghetti bolognaise	Sausage & mash	Beef Burger and new potatoes	Roast chicken with roast potatoes and yorkshire pudding	Fish & chips with garden peas
Menu choice 2	Cheese & onion quiche with potato wedges	Chickpea falafel with cucumber dip and diced herby potatoes	Vegetable pitta bread pizza with chips	Quorn fillet with roast potatoes	Macaroni cheese
Sides	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads
Desserts	Chocolate brownie  Sliced fresh fruit Natural yoghurt	Strawberry mousse  Sliced fresh fruit Cheese & biscuits	Fudge tart  Sliced fresh fruit Natural yoghurt	Berry cheese cake  Sliced fresh fruit Cheese & biscuits	Oat and fruit slice  Sliced fresh fruit Natural yoghurt

# Available **every day**:

- Pasta and sauce or jacket potato and fillings
- Packed Lunch option

Some of our food may contain allergens. Please ask our chef for advice.