



Week 8— Home Learning Menu —Year 1



Our theme this week is...

Food for Thought!

Starters

Computing: With adults permission, use a phone or a tablet to take a photo of some of your work. Attach it to an email and send it to your teacher! They will send you a reply.

Science: All animals like to eat different food. Some of them like meat, some of them like vegetables, and some of them like both! But what does each animal eat? Have a look at the example of a food chain on the next page. What do you notice about the animals as it goes along the chain? Use the internet or a book to make your own chain. You could even write each animal on a strip of paper and make a paper food chain!

Art: Have you every made the food on your plate look pretty? Using some dry food or cut fruit and vegetables, make an attractive food picture! It could be of an animal, or a face, or just a nice pattern! Take a picture so that you can eat your creation as well!

Main Course

Maths: The focus for this week is on food and cooking, which includes many maths opportunities! You can make a cake using a recipe and practice weighing and measuring. You could also made a fruit kebab or salad, but make sure you count out the ingredients so everyone gets an equal share! Try Miss Ryan's simple chocolate drop biscuits if you're short on ingredients.

English: Have a look at the example of a food diary on the next page. Do you think this person has a healthy diet? This week, keep a food diary of everything you eat! You can include a picture with labels. What was it? When did you eat it? What is it made of? Who made it for you? What did you think of it? Don't forget to include snacks as well, you might be surprised by what you eat in a day!

DT: Lots of shops sell sandwiches in special packages to keep them fresh. If you could buy any sandwich from a shop, what would it be? Now is your chance to make it! Design and label your sandwich, you could even design the package, and then have a go at making it!

Geography: Our food comes from many places around the world. Use the internet or books to find out where your favourite fruits and vegetables are grown. Which comes from the furthest away?

Dessert

Other Activities:

Setting the table. Do you know which side the knife and fork go? Imagine you have turned your home into a restaurant. Set the table for your family with plate, knife, fork and a cup. Can you pretend to be the waiter and serve them their food as well?

Speaking and Listening:

Make a cooking show. You could record it or just perform it for your family. What are you going to cook for them? How could you explain it?

Additional Notes:

[White Rose Maths](#) - Weekly Year 1 specific Home Learning packs for parents, complete with daily activities, instructions for parents and videos.

[Oxford Owl](#)— for free eBooks that link to your child's book band. You can create a [free account](#). Complete the linked Play activities for each book.

[Letters and Sounds](#) Daily phonics video lessons from Letters and Sounds. Click on Year 1 Lessons