LUNCHTIME CO.

Week 1
Commencing • 29th Oct • 19th Nov • 10th Dec • 7th Jan • 28th Jan • 25th Feb • 18th March

The Grove PRIMARY SCHOOL

MEAT FREE 👉

	Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Garlic bread	Wholemeal bread	Focaccia	Rosemary wholemeal bread	Garlic & herbed ciabatta
Menu choice 1	Vegetable lasagne	Chicken pie with mashed potatoes	Beef goulash served with rice	Roast pork with roast potatoes and yorkshire pudding	Fish fingers & chips with tomato ketchup
Menu choice 2 (VEGETARIAN)	Roasted vegetable and chickpea tacos	Cheese and potato pasty	Vegetable goulash served with rice	Lentil and bean loaf with roast potatoes and yorkshire pudding	Aubergine and pepper bake
Sides	Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads
Desserts	Apple crumble with custard *Sliced fresh fruit, natural yoghurt, cheese & biscuits*	Jelly *Sliced fresh fruit, natural yoghurt, cheese & biscuits*	Bakewell tart *Sliced fresh fruit, natural yoghurt, cheese & biscuits*	Chocolate brownie *Sliced fresh fruit, natural yoghurt, cheese & biscuits*	Lemon shortbread *Sliced fresh fruit, natural yoghurt, cheese & biscuits*

Available *every day*:
- Soup of the day
- Pasta and sauce or jacket potato and fillings

Some of our food may contain allergens. Please ask our chef for advice.

Our mission is to make your lunchtime meal the highlight of *your* day.

LUNCHTIME CO.

Week 2
Commencing • 5th Nov • 26th Nov
• 17th Dec • 14th Jan • 4th Feb • 4th March • 25th March

The Grove PRIMARY SCHOOL

MEAT FREE 👉	Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Garlic bread	Wholemeal bread	Focaccia	Rosemary wholemeal bread	Garlic & herbed ciabatta
Menu choice 1	Vegetable carbonara	BBQ chicken with new potatoes	Turkey meatballs in tomato sauce with rice	Roast chicken with roast potatoes & yorkshire pudding	Battered fish & chips with tomato ketchup
Menu choice 2 (VEGETARIAN)	Vegetable stir fry & noodles	Moroccan chickpea ragout	Quorn meatballs in tomato sauce with rice	Cheese and red onion quiche with roast potatoes & yorkshire pudding	Macaroni cheese with garlic bread
Sides	Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads
Desserts	Chocolate sponge cake with chocolate sauce *Sliced fresh fruit, natural yoghurt, cheese & biscuits*	Gingerbread cookies *Sliced fresh fruit, natural yoghurt, cheese & biscuits*	Berry cheesecake *Sliced fresh fruit, natural yoghurt, cheese & biscuits*	Marble cake *Sliced fresh fruit, natural yoghurt, cheese & biscuits*	Flapjack *Sliced fresh fruit, natural yoghurt, cheese & biscuits*

Available *every day*:
- Soup of the day
- Pasta and sauce or jacket potato and fillings

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LUNCHTIME CO.

Week 3
Commencing • 12th Nov • 3rd Dec
• 31st Dec • 21st Jan • 11th Feb • 11th March • 1st April

The Grove PRIMARY SCHOOL

MEAT FREE 👉

	Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Garlic bread	Wholemeal bread	Focaccia	Rosemary wholemeal bread	Garlic & herbed ciabatta
Menu choice 1	Vegetable curry with rice	Chicken burgers with wedges	Shepherd's Pie	Roast turkey with roast potatoes and yorkshire pudding	Fish cake and chips
Menu choice 2 (VEGETARIAN)	Cheesy Cauliflower and broccoli bake	Veggie burgers with wedges	Mixed Bean "Shepherd's Pie"	Vegetarian sausages with roast potatoes and yorkshire pudding	Vegetable flat bread pizza
Sides	Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads
Desserts	Jam coconut sponge with custard *Sliced fresh fruit, natural yoghurt, cheese & biscuits*	Chocolate cookies *Sliced fresh fruit, natural yoghurt, cheese & biscuits*	Ice cream *Sliced fresh fruit, natural yoghurt, cheese & biscuits*	Lemon drizzle cake with custard *Sliced fresh fruit, natural yoghurt, cheese & biscuits*	Carrot and orange muffins *Sliced fresh fruit, natural yoghurt, cheese & biscuits*

Available **every day**:
• Soup of the day
• Pasta and sauce or jacket potato and fillings

Some of our food may contain allergens. Please ask our chef for advice.

Our mission is to make your lunchtime meal the highlight of *your* day.