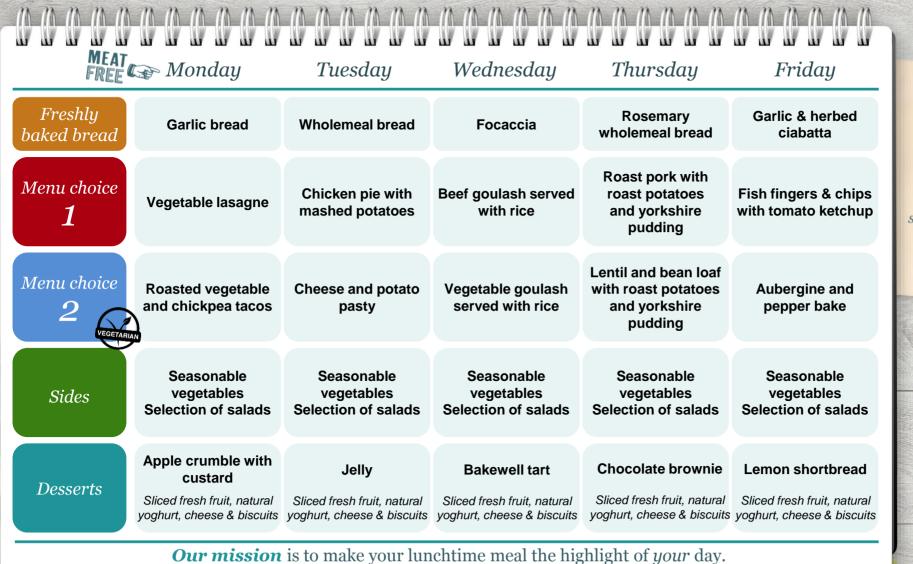
LUNCHTIME CO

Week 1

Commencing • 29th Oct • 19th Nov

• 10th Dec • 7th Jan • 28th Jan • 25th Feb • 18th March



Available every day:

- Soup of the day
- Pasta and sauce or jacket potato and fillings

Some of our food may contain allergens. Please ask our chef for advice.

LUNCHTIME CO

Week 2

Commencing • 5th Nov • 26th Nov

• 17th Dec • 14th Jan • 4th Feb • 4th March • 25th March

MEAT Free	Monday Monday	Tuesday	Wednesday	Thursday	Friday
Freshly aked bread	Garlic bread	Wholemeal bread	Focaccia	Rosemary wholemeal bread	Garlic & herbed ciabatta
Menu choice 1	Vegetable carbonara	BBQ chicken with new potatoes	Turkey meatballs in tomato sauce with rice	Roast chicken with roast potatoes & yorkshire pudding	Battered fish & chips with tomato ketchup
Menu choice	Vegetable stir fry & noodles	Moroccan chickpea ragout	Quorn meatballs in tomato sauce with rice	Cheese and red onion quiche with roast potatoes & yorkshire pudding	Macaroni cheese with garlic bread
Sides	Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads
Desserts	Chocolate sponge cake with chocolate sauce Sliced fresh fruit, natural yoghurt, cheese & biscuits	Gingerbread cookies Sliced fresh fruit, natural yoghurt, cheese & biscuits	Berry cheesecake Sliced fresh fruit, natural yoghurt, cheese & biscuits	Marble cake Sliced fresh fruit, natural yoghurt, cheese & biscuits	Flapjack Sliced fresh fruit, natura

Available **every day**:

The Grove

- Soup of the day
- Pasta and sauce or jacket potato and fillings

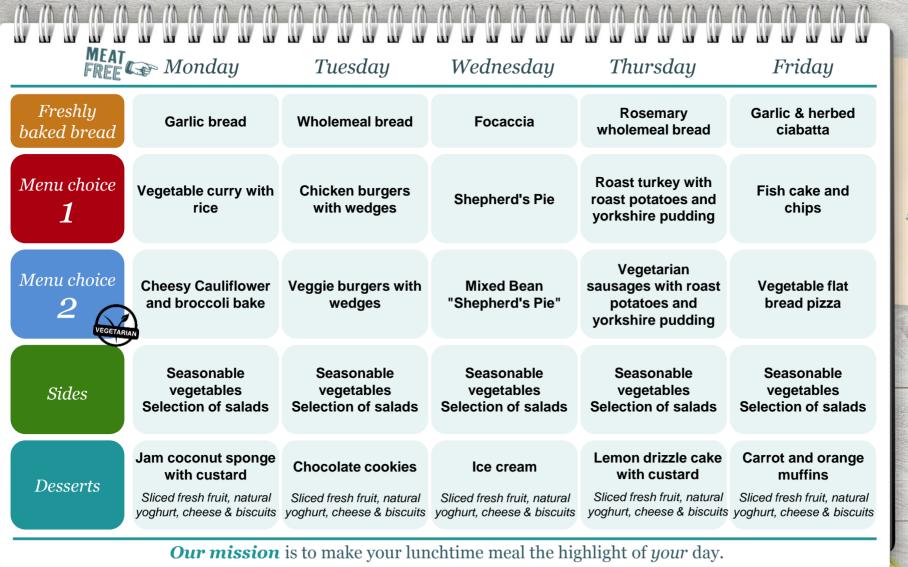
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LUNCHTIME CO

Week 3

Commencing • 12th Nov • 3rd Dec

• 31st Dec • 21st Jan • 11th Feb • 11th March • 1st April



Available **every day**:

The Grove

- Soup of the day
- Pasta and sauce or jacket potato and fillings

Some of our food may contain allergens. Please ask our chef for advice.